

Participation Agreement

Upon completion of a Treatment Program, the Dental Professional shall enter into a joint agreement with the Treatment Program and the Executive Director/Associate Director to establish an on-going recovery plan (Continuing Care Agreement). The initial phase of the recovery plan shall follow the Aftercare Plan of the Treatment Provider, if such plan exists. An initial 90 day Aftercare Plan will be developed by the NCCDP to include the aftercare plan of the treatment providers.

Agreements/Contracts will include the following requirements:

- Abstinence from all mood altering substances including alcohol, over the counter medications, herbal remedies, prescription medications and illegal substances unless approved by the NCCDP and/or an Addictionologist.
- Periodic random urine and/or blood tests and in some instances, hair or fingernail analysis, designed to detect alcohol/other drugs.
- Attendance at a NCCDP-approved abstinence-based program of therapy or mutual support at least four times per week in addition to any specific treatment recommendations by the Treatment Providers or the NCCDP. Participants are also required to attend Caduceus meetings twice a month in addition to the weekly meeting requirement.
- If returning to practice, a return to work agreement in conjunction with the Treatment Program, North Carolina Caring Dental Professionals and employer, partners or any other persons, shall be initiated.
- Notifying the North Carolina Caring Dental Professionals of any employment or change in employment or working conditions.
- Agreement to limit the scope of practice or withdraw from practice as deemed necessary by the Treatment Program in conjunction with the Executive Director/Associate Director.
- An agreement that, upon notification of a positive drug or alcohol screen, the Dental Professional shall voluntarily cease practicing Dentistry and/or Dental Hygiene immediately, shall promptly submit to an evaluation and/or treatment at a NCCDP approved facility by a NCCDP approved Addictionologist or Professional Treatment Center, and shall not resume practicing until such an approved Addictionologist or Treatment Center concludes that the Dental Professional is not impaired in his or her ability to practice.

- Monthly self-reports, meeting attendance forms and a monthly report from the Peer Support Volunteer and outpatient Therapist (if appropriate).
- Modifications of the recovery plan at the recommendation of the Treatment Providers.
- Quarterly attendance at a Regional CDP Meeting (can be substituted for a Caduceus meeting).
- Take a predetermined number of Continuing Education Units on the subject of chemical dependency yearly and submit documentation of hours attended to the NCCDP Executive Director/Associate Director. As a condition of their NCCDP Agreement, all contracted Participants in the NCCDP Program are required to attend any and all meetings, workshops and/or conferences offered by the NCCDP. Excused absences must be approved by the Executive Director or Associate Director.
- If the participant is allowed to retain his/her Drug Enforcement Administration (DEA) license, they understand that they will follow the guidelines established by the NCCDP to insure that they adhere to a safe recovery plan.